



Newcastle Business School

TIME OUT 3.0 EMPOWERING FUTURE LEADERS

We are pleased to announce details of our Time Out 3.0 programme. Designed in partnership between Northumbria University and FIBA this postgraduate level course is designed to equip professional athletes with the skills, knowledge and behaviours to be successful leaders and managers.

Designed to meet the demands of professional basketballer players this course consisting of three modules is delivered flexibly, combining face-to-face sessions at Northumbria University's Campus in Newcastle with remote support.

Participants who successfully complete the course will graduate with a **Postgraduate Certificate in Business and Management**, providing a route to a Master's level qualification.

DESIGNED SPECIFICALLY FOR ELITE BASKETBALL PLAYERS

A promotional graphic for the "TIME OUT 3.0" programme. It features a blue background with a basketball player silhouette and a basketball. The text "TIME OUT 3.0" is prominently displayed in white. Below it, there is a section titled "LOOKING FOR SOMETHING MORE?" followed by a paragraph of text. At the bottom, there are three lines of text: "A SECOND CAREER", "GET READY TO ENTER A NEW CHALLENGE", and "MAKE THE TRANSITION FROM ELITE PLAYER TO TOP MANAGER".

TIME OUT 3.0

LOOKING FOR SOMETHING MORE?
Fast-track your new professional management career and develop a range of highly transferrable and valued desired set of knowledge, skills and behaviours. Graduate with a postgraduate level qualification, with a route available to achieve a full Master's.

A SECOND CAREER
GET READY TO ENTER A NEW CHALLENGE
MAKE THE TRANSITION FROM ELITE PLAYER TO TOP MANAGER



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TIME-OUT is a project in the field of dual careers that focuses on the integration of basketball players into the labour market, showing the importance of thinking in advance about the life that follows after sport. FIBA Europe, together with its academic partner, has created an innovative programme designed specifically for basketball players. The innovative part is that this programme enables individuals to consider their learning and own experiences and undertake research to address and reflect upon a broad range of contemporary leadership issues.

Founded upon the Principles of Responsible Management Education

Newcastle Business School is committed to the Principles of Responsible Management Education ([PRME](#)) to develop future leaders that are socially responsible who will create sustainable environmental and economic value.

Programme Delivery

Teaching and Learning

- Sessions are delivered in an engaging format, a mixture of seminars and workshops that explore theory and practice through facilitated discussions. Participants should expect to conduct pre-reading and reflective tasks to share their thoughts and experiences with others.

Learning Materials

- Participants will have access to the [Blackboard](#) site, which will be used to share learning materials and the reading lists. As part of the induction, Student Services will introduce the Library Services and other support available to professional students. All materials will be uploaded in advance to allow for preparation.

Use of Technology

- The programme focuses on developing academic and digital literacy skills, which is supported by the University IT Services. Microsoft Teams will be the main communication tool, with information being shared via the channels. You will be enrolled to the Team prior to the programme starting.

Programme Content

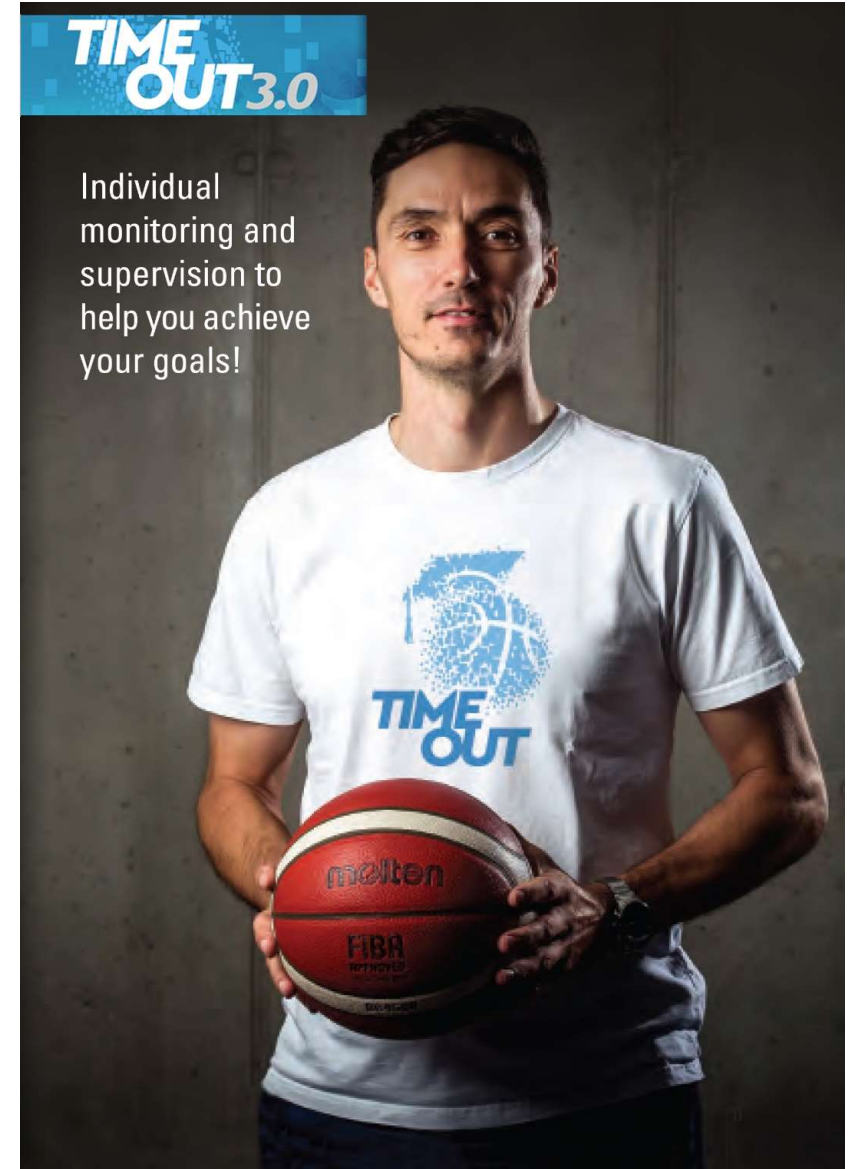
Module 1: Leadership

- Organisations across the private, public and third sectors continue to face accelerating and complex dynamics, and which often require novel and yet unimagined leadership-led response patterns. This module is designed as a flexible vehicle within which organisational leaders can address the idiosyncratic and specific challenges facing their organisation through the lens of leadership theory and practice. It will allow you to engage in a process of critical analysis to reflect on your own leadership behaviours and evaluate the effectiveness of leadership in your organisation and identify strategies to contribute to high performance.
- The learning on this module will be drawn from cutting-edge leadership research. The particular focus of the module will be addressed through dialogue and collaboration between your organisation and the University to create a teaching and learning program that supports and deepens understanding and addresses the specific challenges facing your organisation.



Module 2: Management Reflection

- Organisations across the private, public and third sectors continue to face accelerating and complex dynamics, and which often require multi-disciplinary response patterns. Sometimes, these multi-disciplinary responses transcend academic discipline boundaries and cross a variety of organisational functions such as strategic management, entrepreneurship and innovation, leadership and human resource management, marketing, operations management, supply chain management, and financial and economic considerations.
- This module is designed as a flexible vehicle within which organisational leaders can critically reflect upon the idiosyncratic and specific challenges facing their organisation. It will allow you to explore, through a process of critical reflection, your study of business and management disciplines on the programme. You will learn approaches, models, and processes to support your critical reflection and contribute to high performance within your organisation.
- The learning on this module will be drawn from cutting-edge cross-disciplinary research and be embedded in your practice in the workplace. The particular focus of the module will be addressed through dialogue and collaboration between you, your organisation, and the University to create a learning program that supports understanding and addresses the challenges facing the organisation.



Module 3: Contemporary Issues in Management and Organisations

- Organisations across the private, public and third sectors continue to face accelerating and complex dynamics, and which often require multi-disciplinary response patterns. Sometimes, these multi-disciplinary responses transcend academic discipline boundaries and cross a variety of organisational functions such as strategic management, entrepreneurship and innovation, leadership and human resource management, marketing, operations management, supply chain management, and financial and economic considerations.
- This module is designed as a flexible module within which organisational leaders can address the idiosyncratic and specific challenges facing their organisation through the lens of a multi-disciplinary theoretical and practice-orientated approach. It will allow you to explore the synthesis of two or more academic disciplines and engage in a process of critical analysis to understand and evaluate the challenges facing your organisation. You will learn approaches, models, and processes to identify solutions to contribute to high performance within your organisation.

Knowledge & Understanding:

- Acquire, interpret, and apply knowledge of leadership.
- Demonstrate an understanding of the impact of innovative and contemporary research on the leadership and business and management communities.
- Acquire, interpret, and apply specialist functional knowledge in the context of leadership and business and management disciplines.

Intellectual / Professional skills & abilities:

- Analyse and communicate complex issues effectively.

Personal Values Attributes (Global / Cultural awareness, Ethics, Curiosity) (PVA):

- Understand the wider impact of individual or organisational decision making on social and environmental contexts.

